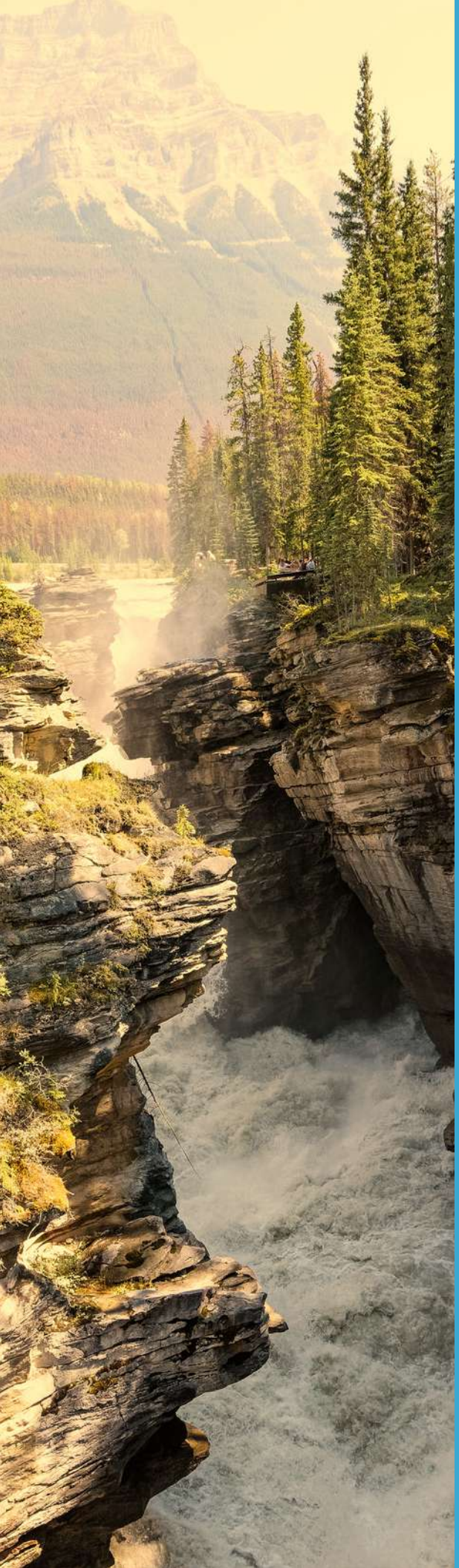


2022-23 ANNUAL REPORT



OKI

LAND ACKNOWLEDGEMENT

The YWCA Lethbridge & District acknowledges that we are gathered on the traditional lands of the Blackfoot people of the Canadian Plains and pays respect to the Blackfoot people past, present, and future while recognizing and respecting their cultural heritage, beliefs and relationship to the land. We acknowledge that Lethbridge is also home to the Metis Nation of Alberta, Region III.





MISSION

Enhancing lives through personal empowerment and supportive community.

VISION

We are an organization created by women that is leading the community with innovative solutions to enrich lives, promote fulfillment, and create happiness.

VALUES

Health and Wellbeing, Perseverance, Community, Mentorship, Integrity, Safety, and Equity.



HELLO FROM

The Board

BOARD OF DIRECTORS YWCA LETHBRIDGE & DISTRICT

The YWCA Lethbridge and District Board of Directors thanks you for your participation at our Annual General Meeting. This is a time to reflect on the year passed, and look forward to what the future will bring.

It has been a year of growth and changes for the Lethbridge YWCA. Under the direction of our CEO, Jill Young, for the past year, we have seen programs flourish and our community involvement and support increase. For example, the 47th Annual Women of Distinction event was the largest we have had to date. We could not have done this without the hard work Jill and her team, and the community's support. A special thank you to all who were involved or supported not only this event, but also the various events held by, or in support of the YWCA throughout the year.

Throughout the year, as we have transitioned out of the pandemic and back to “normal”, we have seen the need for the YWCA’s programs and services increase throughout the community. This increase in demand will be a significant focus as we work towards a new Strategic Plan in the 2023-2024 Board year. This refreshed Strategic Plan will allow us to look at the successes of the YWCA and identify the opportunities that we would like to work towards.

This year, we also witnessed a significant change with one of our programs. As you are aware, in March of 2023, the decision to close Women’s Supportive Housing was made, and the team worked hard to ensure that those utilizing the program at the time were provided alternative programs and options within the community.

We were lucky to add five strong leaders to our Board this year. We have finished our recruitment for the 2023-2024 Board of Directors, and are excited to welcome new community leaders onto our Board for the upcoming year.

Thank you to all who continue to support the YWCA Lethbridge and District and the work that we do. Without our funders, supporters, community partners, and incredible staff, we would not be able to do the incredible work that we do. We are excited to continue to serve Lethbridge and surrounding communities, and to grow as the needs of our community evolve.

Board of Directors

YWCA Lethbridge & District

2022-2023 *Board Members*

Emily Tilleman
Vice-President

Hannah Scott
Registrar

Catherine Filgas
Treasurer

Shannon Jarvie
Director

Kimberly Manning
Director

Resignations:

Charlene Scheffelmair
Kayla Podrasky
Melissa Johnson
Dr. Pardip Athwal



HELLO FROM Jill

JILL YOUNG, CEO

A full year has passed since I joined the YWCA Lethbridge & District and have had the privilege of leading a group of individuals who demonstrate resiliency and tenacity in a year full of change.

If I were to summarize the past year, I would say that it has been a time of reflection and renewal. Stepping into this organization as we were emerging from a global pandemic, it has allowed us the time and opportunity to evaluate our operations and the services we provide to the community.

With so many changes to the organization, including leadership and program offerings, this has been the time to build stability and a lasting foundation



When pandemic restrictions were lifted in the Spring of 2022, most of our services saw a significant increase in referrals and usage of our services, which only further demonstrated the need in our community. Harbour House, our Women's Emergency Shelter, consistently saw our space at or near capacity. Hestia Homes maintains a constant wait-list for services with our 9-bed availability. But with all challenges, we were able to incorporate new learnings, including virtual connections and operational efficiencies, which only strengthened our service delivery as demand increased.

We made the difficult decision to close our Women's Residence Program. We worked closely with our external partners to support the program transition and navigate the challenges of closing a long-rooted YWCA program. While this program continues to be a supportive service in our community, it was necessary to identify our strengths as an organization and shift our focus to programs that will allow us to adapt to community needs in the future.

My sincerest thank you to the staff and volunteers that work tirelessly every day to ensure that we meet the needs of the community we serve. I have personally learned so much from all of you this past year, you have creating lasting impressions and deliver incredible work; I am excited to step together on a new path forward. As the year of reflection comes to a close, it is now time to shift our focus to the future. We are working towards new initiatives and bringing services that will further support the Lethbridge and District community.

To our funders, supporters, and community partners, I extend my gratitude. Your actions, donations, and engagement allow us to continue to serve and inspire through everything that we do.

Jill Young

Jill Young, YWCA Lethbridge & District CEO

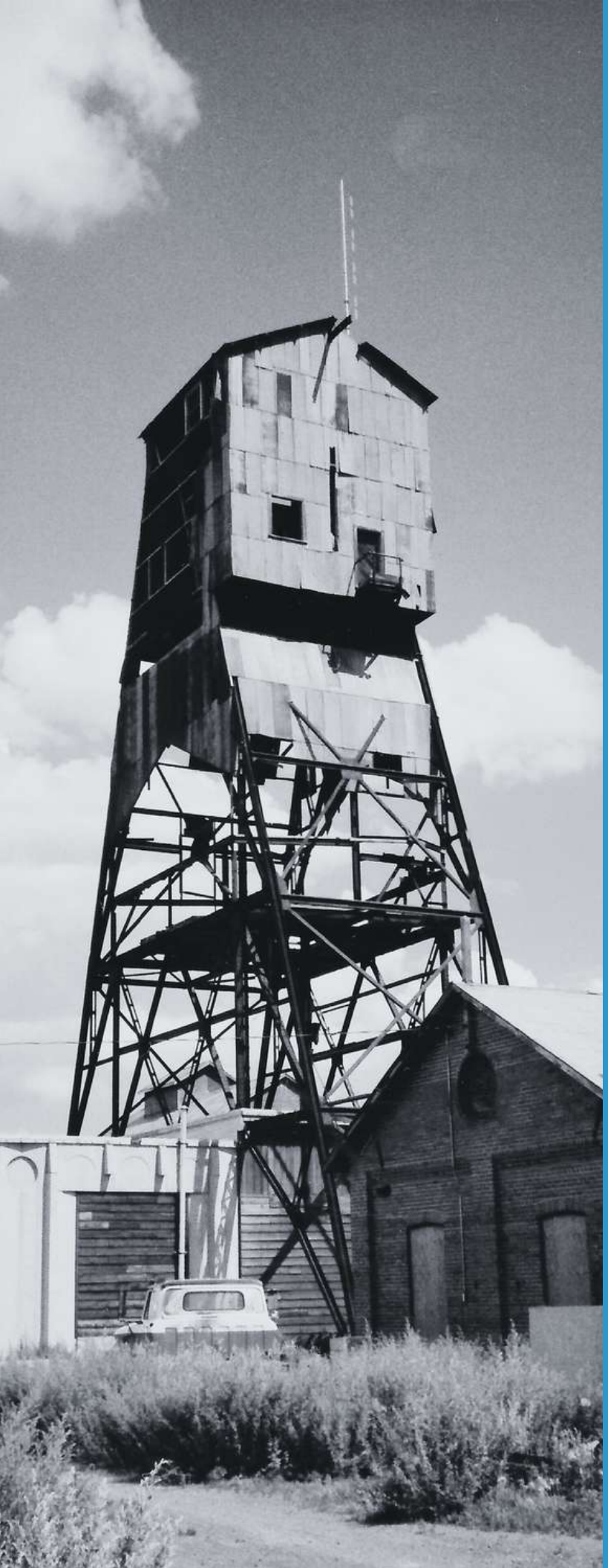
2022-2023

Senior Leadership Team

Sharon Adesina
Director of Finance

Catherine Champagne
Director of External Relations

Brittany Menzies
Director of Programs



PROGRAMS

AMETHYST PROJECT

HARBOUR HOUSE

HESTIA HOMES

NEIGHBOURHOOD PLAY

SAFE VISITATION

WOMEN'S RESIDENCE

Amethyst

The past year has been busy for the Amethyst Project as we have seen a 37.5% increase in Emergency Room calls than 2021-22 year. In addition to this, Amethyst completed 611 follow-up calls to individuals wanting continued support. This year, more than half of the Third Options Kits completed were pursued for investigation.

It may be hard to predict when Amethyst will be called to support an individual at the Chinook Regional Hospital but typically we see calls in early morning. Spring brought an increased trend in frequency of calls, resulting in 2-3 calls per week.

Amethyst Project completed 25% more safety plans this year, as we found that individuals felt unsafe in their current environments or did not feel they had a safe place to return after the assault.

91
Total Individuals Served

12
Third Option Kits Provided

12%
Individuals Served Under 18 years of Age

5%
Males Supported



Harbour House



405
Sexual Assaults Disclosed in Shelter

1988
Crisis Calls

1562
Individuals Turned Away Due to Space

340 + 82
Women + Children Sheltered

YWCA Harbour House is a 24-hour Emergency Shelter that supports women with or without children with priority given to women fleeing domestic violence; however, if space allows, women in crisis are considered. Shelter stays are a maximum of 21 days.

Harbour House operates a 24-hour domestic violence crisis line supporting all individuals who have experienced domestic violence.



Harbour House

Support Services

Harbour House Support Services provides ongoing supports to individuals who have experienced domestic violence towards rebuilding. Income support, housing, and referrals to community services are some of the activities. The team includes Intensive Case Managers, a Child Trauma Informed Specialist, and completes AHS Partner Checks.

Child Care

The YWCA Innovative Child Care Program was started in 2009, with the goal of providing formal, safe, and appropriate child care options for families accessing women's shelter services.

The program provides safe and nurturing childcare so that women accessing the shelters can take necessary actions to rebuild their lives, knowing their children are protected and cared for. An outdoor play area allows children to play and explore in a safe environment.

Partner Checks

Through Provincial Family Violence funding, the Harbour House Support Services Team completes check-ins for partners of people who have had police involvement due to violence.

These checks ensure that the partner is safe and that the perpetrator is following any Court or Protection Orders and offer supports to the victim. The staff completing these checks attempt to connect with each victim at least three times during a three-month period.

Harbour House

SUPPORT SERVICES

Harbour House Support Services provides ongoing supports to individuals who have experienced domestic violence towards rebuilding. Income support, housing, and referrals to community services are some of the activities. The team includes Intensive Case Managers, a Child Trauma Informed Specialist, and completes AHS Partner Checks.

541
Women and Children Housed

242
NumberWomen Served

338
Children Served

53
Danger Assessments Completed

87
Victim Awareness Sessions

98
Children in Child Care Programming



Hestia Homes



The YWCA Hestia Homes Program supports and empowers 9 youth aged 17-24 in three scattered-site homes. An adult role model lives in each home providing assistance and serving as a mentor. Residential support staff provide training and supports with household activities such as cooking and cleaning. Residents set goals, manage health, manage finances, and explore activity options with the support of their Case Manager.

15
Youth Served

176
Referrals

Neighbourhood Play Program



The YWCA Neighbourhood Play Program is a no-cost, non-registration, drop-in program dedicated to providing quality programming for children ages 6-12 in various neighbourhoods throughout the city of Lethbridge, and in Coalhurst. This program provides a positive and safe environment for children to develop their social, physical and cognitive skills.

2518
Children Visits

6
Park Locations



Safe Visitation

Families who access safe visitation benefit from a safe environment, free from judgement and at no cost to program users. Both parents are supported to feel comfortable, and safety precautions are always implemented. Facilitators promote the rebuilding of a healthy child-parent relationship. Non-custodial parents are offered secure visits with their child(ren) under direct supervision of professionals.

This year, we have seen the Safe Visitation Program rejuventated to capacity, including an increase in referrals, We have adjusted to the need by offering Virtual and Phone-Call conferencing, especially for those families that may be separated by distance or unable to attend an in-person visit with their children. These options help the children and parents to continue to connect or re-build a relationship with their parent.

The Safe Visitation Program often sees individuals struggling with the lasting impacts of trauma. The program staff continue to focus on safety for all the participants of the program to ensure the well-being of everyone involved.

148
Families Served

32
New Family Intakes

278
Visits Scheduled



Women's Residence

Started in 1950, the YWCA Women's Residence was a safe and secure environment for women. Prior to October 2020, the program offered semi-supported living. The program was funded to provide residential supports for 24 women. offering meals, recreational room, business centre, art room, community kitchen, and laundry facilities. Case Managers were onsite throughout the week to support residents with resources to create and work towards goals including medical services, budgeting, mental health supports, and meaningful daily activities.

2022-23 brought significant change to the Women's Residence Program and transitioned away from offering these services as of March 31st. While this was an extremely difficult decision, the YWCA will focus on growing the organization to support victims of Domestic Abuse.

24
Women Served

5
Positive Exits

47th Annual

Women of Distinction

On March 8th, 2023, on International Women's Day, we hosted the 47th Annual Women of Distinction Gala. It was an incredible turnout, with record attendance for the event! Together, we were able to celebrate and honour the achievements of six inspiring women in our community. These women are driving change in our community. We were very humbled to be able to recognize Lottie M. Austin posthumously for her commitment and support to the Lethbridge community. We hope that by re-naming the Lifetime Achievement award to the Lottie M. Austin Life Achievement will inspire future generations. Thank you for your support of our Women Of Distinction event and we will see you next year!



Sandra Asuchuk
Entrepreneurship & Innovation



Lottie M. Austin
Lifetime Achievement (awarded posthumously)



Mary Ann Crow Healy
Arts, Culture & Heritage



Michelle Day
Community Leadership & Enhancement



Bridget Mearns
Leadership & Management



Brenna Scott
Young Women of Promise



Treena Tallow
Truth & Reconciliation

Auditor's Report

KPMG LLP
3410 Fairway Plaza Road South
Lethbridge AB T1K 7T5
Canada

Tel 403-380-5700
Fax 403-380-5760

REPORT OF THE INDEPENDENT AUDITORS ON THE SUMMARY FINANCIAL STATEMENTS

To the Board of Directors of Young Women's Christian Association of Lethbridge and District

Opinion

The summary financial statements of Young Women's Christian Association of Lethbridge and District (the Association), which comprise the summary statement of financial position as at March 31, 2023, the summary statement of operations and fund balances for the year then ended, and related note are derived from the audited financial statements of Young Women's Christian Association of Lethbridge and District as at and for the year ended March 31, 2023. In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the criteria disclosed in the Note in the summary financials statements.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Association's audited financial statements and the auditor's report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated June 15, 2023.

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in the Note in the summary financial statements.

Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards 810, Engagements to Report on Summary Financial Statements.

KPMG LLP

Chartered Professional Accountants

Lethbridge, Canada

June 15, 2023

YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF LETHBRIDGE AND DISTRICT

Summary Financial Statements

Statement of Financial Position

Year ended March 31, 2023 with comparative information for 2022

	Operating Fund	Gaming Fund	Capital Fund	2023	2022
Assets:					
Current assets:					
Cash and cash equivalents	$ 135,824	$ 39,802	$ 349,770	$ 525,396	$ 1,854,642
Short-term investments	1,572,561	-	-	1,572,561	-
Accounts receivable	293,772	-	-	293,772	312,084
Prepaid expenses	35,400	-	-	35,400	29,023
	2,037,557	39,802	349,770	2,427,129	2,195,749
Capital assets	-	-	681,588	681,588	748,801
	$2,037,557	$ 39,802	$1,031,358	$3,108,717	$ 2,944,550
Liabilities and Fund balances:					
Current liabilities:					
Accounts payable and accrued liabilities	$ 224,048	$ -	$ -	$ 224,048	$ 199,120
Unearned revenue	28,053	-	-	28,053	-
Restricted deferred contributions	1,342,311	-	-	1,342,311	1,186,100
	1,594,412	-	-	1,594,412	1,385,220
Unamortized capital contributions	-	-	426,711	426,711	471,736
	1,594,412	-	426,711	2,021,123	1,856,956
Fund balances:					
Internally restricted					
Capital investment reserve	-	-	321,366	321,366	310,272
Capital replacement reserve	-	-	28,404	28,404	28,404
Operating reserve	325,081	-	-	325,081	313,987
Externally restricted					
Gaming reserve	-	39,802	-	39,802	39,802
Invested in capital assets	-	-	254,877	254,877	277,065
Unrestricted	118,064	-	-	118,064	118,064
	443,145	39,802	604,647	1,087,594	1,087,594
	$2,037,557	$ 39,802	$1,031,358	$3,108,717	$ 2,944,550

YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF LETHBRIDGE AND DISTRICT

Summary Financial Statements

Statement of Operations and Changes in Fund Balances

Year ended March 31, 2023, with comparative information for 2022

	Budget (Unaudited)	Operating Fund	Gaming Fund	Capital Fund	2023 Actual	2022 Actual
Revenue:						
Grants	$ 3,309,756	$ 3,328,648	$ -	$ -	$3,328,648	$ 3,318,045
Fees for service	385,200	369,118	-	-	369,118	337,866
Donations	333,525	81,888	-	-	81,888	96,936
Fundraising	32,490	129,280	-	-	129,280	7,985
Other	10,000	6,473	-	-	6,473	13,410
Interest	6,500	34,883	-	223	35,106	6,402
Amortization of capital contributions	45,032	-	-	45,025	45,025	53,200
	4,122,503	3,950,290	-	45,248	3,995,538	3,833,844
Expenses:						
Salaries and honorariums	3,197,159	3,035,325	-	-	3,035,325	2,876,592
Direct client costs	325,568	246,725	-	-	246,725	379,117
Telephone and utilities	194,063	238,249	-	-	238,249	203,449
Professional fees	47,299	94,436	-	-	94,436	73,232
Repairs and maintenance	73,011	63,280	-	-	63,280	43,311
Fundraising costs	33,000	54,315	-	-	54,315	24,456
Insurance	31,970	41,674	-	-	41,674	30,131
Membership and fees	42,954	40,476	-	-	40,476	33,804
Travel and training	43,042	39,575	-	-	39,575	19,216
Supplies and stationery	28,607	24,869	-	-	24,869	30,421
Information and technology	28,960	15,103	-	-	15,103	26,720
Other	-	12,462	-	-	12,462	2,128
Advertising and promotion	14,384	10,222	-	-	10,222	10,081
Interest and bank charges	1,350	5,005	-	-	5,005	6,060
Volunteer costs	5,000	4,400	-	-	4,400	1,771
Property taxes	-	1,122	-	-	1,122	1,165
Small equipment	1,400	1,087	-	-	1,087	1,367
Amortization	67,213	-	-	67,213	67,213	81,028
	4,134,980	3,928,325	-	67,213	3,995,538	3,844,049
Excess (deficiency) of revenue over expenses	(12,477)	21,965	-	(21,965)	-	(10,205)
Fund balance, beginning of year	1,069,691	432,051	39,802	615,741	1,087,594	1,097,799
Interfund transfers	-	(10,871)	-	10,871	-	-
Fund balance, end of year	$ 1,057,214	$ 443,145	$ 39,802	$ 604,647	$1,087,594	$1,087,594

YOUNG WOMEN'S CHRISTIAN ASSOCIATION OF LETHBRIDGE AND DISTRICT

Summary Financial Statements

Note to the Summary Financial Statements

The summary financial statements are derived from the audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as at March 31, 2023, and for the year then ended.

The preparation of these summary financial statements requires management to determine the information that needs to be reflected in them so that they are consistent in all materials respects with, or represent a fair summary of, the audited financial statements.

Management prepared these summary financial statements using the following criteria:

a) the summary financial statements include a statement for each statement included in the audited financial statements, excluding the Statement of Cash Flows;
b) information in the summary financial statements agrees with the related information in the audited financial statements;
c) major subtotals, totals and comparative information from the audited financial statements are included; and
d) the summary financial statements contain the information from the audited financial statements dealing with matters having a pervasive or otherwise significant effect on the summarized financial statements.

The audited financial statements of Young Women's Christian Association of Lethbridge and District are available on the Association's website at https://ywcalethbridge.com/discover-ywca-lethbridge/reporting/annual-reports-financials/.



THANK YOU

TO EVERYONE WHO SUPPORTED US DURING THIS PAST YEAR.

We appreciate you

From monetary and in-kind donations, to all the hours contributed by our volunteers, board members, staff, and external partners within the community, we would not be in the same place without all the pieces that allow us to do what we do each day to support our participants.

YWCA LETHBRIDGE & DISTRICT

Get Involved

Become a Member

Get involved with Canada's largest women's organization. Help provide support to women at critical turning points in their lives. Join over 25 million women around the world in making a difference!

Membership Categories

Voting Membership - $20 Annually
For women over age 16

NON-Voting Membership - $10 Annually
For men, women, or youth under age 16

All membership fees qualify for charitable tax receipts.

Have a Voice in our Strategic Direction

Volunteer
Join a committee
Become a Voting Members
[Elect our Board of Directors at the Annual General Meeting]

Attend our Annual General Meeting

Hear about what's happening at the YWCA
Review our financial position
Engage with our Board of Directors



YWCA
LETHBRIDGE
& DISTRICT

604 8 Street South
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E: inquiries@ywcalethbridge.com
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