



YW COMMUNITY CONNECT

Women of Distinction 2025 Was a Blast!



Awesome photos snapped before and during the event that captured the excitement!

The Women of Distinction 2025 event took place at the Coast Hotel Grand Ballroom on March 8 at 7 pm, as part of the YWCA's initiatives to honor women on International Women's Day for their impactful contributions to the community. The distinguished honorees included Dr. Sayeh Zielke, Dr. Bev Muendel-Atherstone, Dr. Carly Adams, Maral Kiani Tari, and Anna Campmans.

The evening commenced with the gentle melodies of acoustic music, accompanied by cocktails and canapés, and a memorable engaging conversation.

This event serves as a heartfelt tribute to the extraordinary achievements of remarkable women who have significantly impacted our community. It celebrates their unwavering dedication, innovative spirit, and the transformative change they inspire in others.

We are immensely thankful to our incredible sponsors, generous contributors, and esteemed guests whose unwavering support and enthusiasm have been instrumental in transforming this event into a resounding triumph. We also extend our heartfelt gratitude to the honorable awardees, whose achievements inspire us all. Your collective support not only fuels our mission but also serves as a powerful catalyst, empowering women to forge a more profound and enduring impact within the communities they passionately serve.

Let's Connect!

403-329-0088
communications@ywcalethbridge.com
ywcalethbridge.com

604 8 Street South
Lethbridge, Alberta
T1J 2K1

ywcalethbridge.com

YWCA Lethbridge & District

@ywcalethbridge

STYLE THAT EMPOWERS LIVES

Natasha Mark, founder of Bright Futures Boutique, has partnered with YWCA Lethbridge & District to launch an inspiring initiative aimed at empowering individuals by offering access to high-quality clothing suitable for workplace integration, graduation, and educational settings.

On Saturday January 18, the clothing swap event was successfully held at the YWCA main office from 12 p.m. to 6 p.m. Thanks to the dedicated efforts of Natasha Mark, Lorien Johansen, and the entire team of YWCA staff and volunteers, the setup was expertly arranged in the old gymnasium.



Clothing swap at the YWCA Lethbridge & District lead by Natasha Mark and Lorien J.

Additionally, we generously provided a door prize, offering a chance to win a 'Swag Bag' to participants who joined us for the clothing swap. The online draw, held on January 20, awarded a fortunate winner with a sweatshirt and a collection of YWCA merchandise.

We sincerely appreciate the generous donations of high-quality clothing and footwear suitable for all ages. Additionally, we were delighted to receive an array of bags and women's accessories, including belts, jewelry, and scarves. Many individuals visited to refresh their wardrobes, while others came solely to contribute more clothing.

REVOLUTIONARY DONATION PROCESS UPGRADE

We are reaching out to share a significant update regarding our donation policy at YWCA Lethbridge & District. As of February 25, our dedicated management team has made the carefully considered decision to temporarily pause the acceptance of material donations, such as clothing, shoes, bags, cosmetics, toys, and books. This strategic move allows us to channel our resources and energy towards addressing the most urgent needs within our community, ensuring that we can provide the most impactful support possible.

We recognize and deeply value the generous contributions from our supporters, which have been the backbone of our mission. Their unwavering support has been instrumental in helping us make a difference, and we are incredibly grateful for their continued partnership.

Please be assured that this pause is not a permanent change. We are committed to regularly evaluating our needs and will keep you updated on any developments. In the future, we may reach out to request specific items that align with our evolving priorities, ensuring that the clients' contributions continue to make a meaningful impact. Thank you for standing with us as we navigate these changes and strive to serve our community more effectively.



Donations are currently on hold, but exceptions may be made for urgent needs.

RENOVATION INSIGHTS

We are absolutely delighted to announce that just a few months ago, we embarked on an extraordinary renovation adventure that is transforming our entire building. This visionary project is set to elevate every facet of our facility, promising a cutting-edge experience for all. From integrating the latest technological innovations to enhancing security and safety protocols, every element is being crafted with precision and care. Our entertainment room is being reimagined to deliver unmatched leisure experiences, while our utility rooms and bedrooms are being upgraded to offer supreme comfort and functionality for our clients. As each area approaches completion, we eagerly await the grand reveal in the coming weeks.

Our excitement is palpable as we anticipate the remarkable convenience and enriched environment these enhancements will bring. These upgrades will not only benefit our clients but also empower our dedicated staff to provide exceptional service, consistently exceeding every expectations.



Exciting changes are happening all over the building!



Experience a makeover that blends warmth and hospitality, creating a sanctuary of elegance and comfort, unveiled with enthusiasm this April.

Every detail of this newly redesigned space has been thoughtfully curated to offer a serene retreat where our valued clients can relax and feel completely at home during their secure visits. It also serves as a refreshing oasis for our devoted staff, fostering an environment that rejuvenates and inspires.

We eagerly anticipate your visit to this welcoming haven, a true reflection of our unwavering dedication to excellence and your ultimate comfort.

ANNUAL GENERAL MEETING IS APPROACHING SOON!

Save The Date!

**You're invited to join us for our 2025
Annual General Meeting!**

Thursday June 26

🕒 5:00 PM

📍 Cedar Ballroom, Sandman Signature Lethbridge Lodge

*All members of the public welcome!
Light refreshments provided.*

*For more information on membership
and how to become a voting
member, please visit
ywcalethbridge.com.*

As we welcome warmer weather, and look forward to the new growth that Spring brings with it, we offer a reminder that our AGM is just around the corner!

Mark your calendars for Thursday June 26 at 5:00pm, and watch for more information to be released soon.

It's open to all members of our community who would like to learn more about YWCA Lethbridge, our work throughout the past year, and what we're looking towards for the future. We've got some exciting things planned, and look forward to opening tickets soon!

Memberships are available on our website, and must be purchased at least seven (7) days prior to the event in order to be valid. \$20 annually for all women 18+, and your chance to help guide the direction of the organization, advise the Board, and get involved in supporting women in our community.

UNIVERSITY OF LETHBRIDGE INITIATIVES

We are thrilled to share that YWCA Lethbridge & District recently took an active role in two pivotal events at the University of Lethbridge: the dynamic Career Fair and the impactful Sexual Violence Awareness initiative. These events were not just gatherings; they were transformative experiences that allowed us to connect with and identify outstanding talent, all while significantly boosting our community presence and influence. Our participation was driven by a deep commitment to illuminate the vital topics of healthy versus unhealthy relationships, to help individuals recognize the early warning signs, and to confront the pressing issues of sexual and domestic violence head-on. Through these initiatives, we are not only fostering a safer community but also empowering individuals with the knowledge and resources they need to thrive.

Two impactful events held on 22nd of January and 25th of February at the U of L.

Count on us to actively raise community awareness!